



**THE  
WINNERS  
FOUNDATION**

**A Place for Help:**

helping foster a healthy spirit,  
heart, body and mind.

# THE WINNERS

## History:

The concept of Winners was developed as a result of a prominent U.S. Horse owner. Backstretch workers at North American tracks were living in deplorable conditions and a number of good employees were being lost to drug and alcohol abuse.

As a result the Ryan foundation was created and offered matching funds to any racetrack that wished to take up the cause and better the lives of those who gave more attention and concern to the horses entrusted to their care than to their own health.

At Assiniboia Downs Mr. Dan Williams, the former executive director of the MHRC, became aware of this funding and applied to the foundation for a grant. With the support of the Horsemen's Benevolent Protective Association and a start up grant from the Sill foundation matching the Ryan foundation grant, Winners was born.

## **Who we are:**

Winners exists to help individuals and their families find solutions to problems relating to addictions and other life issues that may interfere with healthy living.

We focus our efforts on awareness and prevention in order to help foster a healthy environment on the race track.

We provide support to anyone on the race track seeking it. Because Winners Foundation is a "Place for Help," our services are readily accessible and anonymous.

We are made up of a Counselor, Athletic Therapist and committee of volunteers.

## **Faces on the Race Track:**

***Counselor Cindy Willette***

**1(204)296-8012**

is available...

- For FREE confidential short term counselling
- For crisis assistance.
- To provide education/information.
- For Employee Assistance.
- To provide support and assistance to families.
- To make referrals to relevant/ appropriate community resources and support.

***Athletic Therapist Leanne Skitcko***  
**1(204)223-5043**

Is available...

- For therapy with Jockey's before races.
- For highly subsidized injury assessment and treatment to all HBPA members and their families.
- For acute injuries such as being kicked or falling off a horse to chronic low back pain
- For promoting injury prevention and healthy maintenance of musculoskeletal system.
- For people involved in car accidents or workplace injuries

Leanne uses various manual therapies, modalities, exercise prescription and even bracing and taping

Athletic therapy is for **EVERYONE** from kids with concussions to seniors recovering from hip replacement surgery.

**We are here to assist you and continually looking for ideas on how to better support those on the race track.**

# **FAQ's**

## **What do the programs cost persons using Winners Foundation Services?**

Winners Foundation is a non-for-profit organization, therefore any costs incurred by people using the program are either minimal (only covering cost of goods) or free. Winners is for the benefit of the entire horse racing community in this province. Winners Foundation is supported solely by contributions and tax deductible donations.

## **How do I know the people on Winners won't go sharing my Information with others on the track?**

The services Winners provides are confidential. We do however have a no-tolerance policy on abuse.

## **How is the Winners Foundation Program different from community programs?**

Our services are provided **on site**. Winners does not duplicate already existing programs; rather it bridges those seeking help, with appropriate services that offer specialized support. We seek to work along side existing programs complementing their services.

# **DONATIONS**

## **What will your donation to Winners Foundation do?**

Your donation will help in the continued support of the Winners Foundation as it responds to the need for counseling, prevention, intervention, support, therapy and healing for our race track community. It also goes towards the development of our Wellness Program made up of our Athletic Therapist, Counselor, and Volunteers.

Revenue Canada

Charitable Tax #0846881-57

Receipts are available to any donors.

Winners Foundation of Canada Contact:

Mr. Brian Billeck

Secretary/Treasurer

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## **SPONSORS:**

Horsemen's Benevolent Protective Association

Manitoba Jockey Club

Private Donors

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